

Monday	Tuesday	Wednesday	Thursday	Friday
Choice of: <b>1</b> Breakfast Sandwich or Mini Donuts Choice of Juice Choice of Milk	No School <b>2</b> 	Choice of: <b>3</b> Dutch Waffle or Pop-Tart Choice of Juice Choice of Milk	Choice of: <b>4</b> Breakfast Pizza or Pop-Tart/Cereal/Donuts Choice of Juice Choice of Milk	Choice of: <b>5</b> French Toast Sticks or Donuts/Assorted Cereals Choice of Juice Choice of Milk
Choice of: <b>8</b> Breakfast Sandwich or Mini Donuts Choice of Juice Choice of Milk	Choice of: <b>9</b> Pillsbury Pancakes or Cinnamon Roll/Cereal/Donuts Choice of Juice Choice of Milk	Choice of: <b>10</b> Dutch Waffle or Pop-Tart Choice of Juice Choice of Milk	No School <b>11</b> 	Choice of: <b>12</b> French Toast Sticks or Donuts/Assorted Cereals Choice of Juice Choice of Milk
Choice of: <b>15</b> Breakfast Sandwich or Mini Donuts Choice of Juice Choice of Milk	Choice of: <b>16</b> Pillsbury Pancakes or Cinnamon Roll/Cereal/Donuts Choice of Juice Choice of Milk	Choice of: <b>17</b> Dutch Waffle or Pop-Tart Choice of Juice Choice of Milk	Choice of: <b>18</b> Breakfast Pizza or Pop-Tart/Cereal/Donuts Choice of Juice Choice of Milk	Choice of: <b>19</b> French Toast Sticks or Donuts/Assorted Cereals Choice of Juice Choice of Milk
Choice of: <b>22</b> Breakfast Sandwich or Mini Donuts Choice of Juice Choice of Milk	Choice of: <b>23</b> Pillsbury Pancakes or Cinnamon Roll/Cereal/Donuts Choice of Juice Choice of Milk	No School <b>24</b> Parent/Teacher Conferences 8:00-11:30	No School <b>25</b> 	No School <b>26</b> Thanksgiving Break
No School <b>29</b> Parent/Teacher Conferences 2:00-4:00 6:00-8:00	Choice of: <b>30</b> Pillsbury Pancakes or Cinnamon Roll/Cereal/Donuts Choice of Juice Choice of Milk			



**Meal Pattern Requirements**

- 1 oz. Grain
- 1 oz. Meat/Meat Alternate if Grain
- .50 cup Fruit or Vegetable
- 8 Fluid ounces Milk

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Bacon Cheeseburger</b> 1 French Fries Fresh Fruit and Veggies Choice of Milk	<b>No School</b> 2 	<b>BBQ Pulled Pork</b> 3 Mac 'n Cheese WG Roll, Lima Beans Fresh Fruit and Veggies Choice of Milk	<b>Chicken Nuggets</b> 4 Dinner Roll Mashed Potatoes/Gravy Fresh Fruit and Veggie Choice of Milk	<b>Nacho Grande</b> 5 (Meat, Cheese and Salsa) Refried Beans/ Steamed Corn Apple Slices Choice of Milk
<b>Baked Italian Hoagie</b> 8 French Fries, Green Beans Fresh Fruit and Veggies Choice of Milk	<b>Orange Chicken</b> 9 Steamed Rice Steamed Broccoli Fresh Fruit and Veggies Choice of Milk	<b>Chicken and Waffles</b> 10 Golden Corn Fresh Fruit and Veggies Choice of Milk	<b>No School</b> 11 	<b>Nacho Grande</b> 12 (Meat, Cheese and Salsa) Refried Beans/ Steamed Corn Apple Slices Choice of Milk
<b>Spaghetti and Meatballs</b> 15 WG Bun, Romaine Salad Gr. Beans, Apple Slices Choice of Milk Choice of Juice	<b>General Tso's Chicken</b> 16 Steamed Rice, Steamed Broccoli Fresh Fruit and Veggies Choice of Milk	<b>Tyson Chicken Tenders</b> 17 French Fries Fresh Fruit and Veggies Choice of Milk	<b>Thanksgiving Lunch</b> 18 Turkey, Stuffing, Mashed Potatoes/Roll Steamed Corn Choice of Milk and Juice	<b>Nacho Grande</b> 19 (Meat, Cheese and Salsa) Refried Beans/ Steamed Corn Apple Slices Choice of Milk
<b>Berks Double Dogs</b> 22 Tater Tots, Baked Beans Fresh Fruit and Veggies Choice of Milk	<b>Orange Chicken</b> 23 Steamed Rice Steamed Broccoli Fresh Fruit and Veggies Choice of Milk	<b>No School</b> 24 Parent/Teacher Conferences <b>8:00-11:30</b>	<b>No School</b> 25 	<b>No School</b> 26 Thanksgiving Break
<b>No School</b> 29 Parent/Teacher Conferences <b>2:00-4:00</b> <b>6:00-8:00</b>	<b>General Tso's Chicken</b> 30 Steamed Rice, Steamed Broccoli Fresh Fruit and Veggies Choice of Milk	Menu may be subject to change without notice due to delivery or supply issue.		



We are currently hiring substitutes for all positions including: teaching, aides, secretaries, café, custodial, and maintenance departments. Contact Kim Pegg at 724-437-2821 or visit us online at [www.lhsd.org](http://www.lhsd.org).  
Laurel Highlands School District is an E.O.E.

Additional Daily Lunch Choices: Sunflower Seed Butter and Jelly, Grilled Cheese, Yo-On-The-Go  
 Additional Daily Fruit & Vegetable Choices  
 May Include: Apples, Oranges, Pears, Bananas, Applesauce, Peaches, Mixed Fruit, Pineapple, Fruit Jell-O,  
 Fruit Juices, Tossed Salad, Coleslaw, Carrots, Celery, Cucumber Slices, Cherry Tomatoes, Cauliflower