

Monday	Tuesday	Wednesday	Thursday	Friday
Choice of: 1 Breakfast Sandwich or Mini Donuts Choice of Juice Choice of Milk	No School 2 	Choice of: 3 Dutch Waffle or Pop-Tart Choice of Juice Choice of Milk	Choice of: 4 Breakfast Pizza or Pop-Tart/Cereal/Donuts Choice of Juice Choice of Milk	Choice of: 5 French Toast Sticks or Donuts/Assorted Cereals Choice of Juice Choice of Milk
Choice of: 8 Breakfast Sandwich or Mini Donuts Choice of Juice Choice of Milk	Choice of: 9 Pillsbury Pancakes or Cinnamon Roll/Cereal/Donuts Choice of Juice Choice of Milk	Choice of: 10 Dutch Waffle or Pop-Tart Choice of Juice Choice of Milk	No School 11 	Choice of: 12 French Toast Sticks or Donuts/Assorted Cereals Choice of Juice Choice of Milk
Choice of: 15 Breakfast Sandwich or Mini Donuts Choice of Juice Choice of Milk	Choice of: 16 Pillsbury Pancakes or Cinnamon Roll/Cereal/Donuts Choice of Juice Choice of Milk	Choice of: 17 Dutch Waffle or Pop-Tart Choice of Juice Choice of Milk	Choice of: 18 Breakfast Pizza or Pop-Tart/Cereal/Donuts Choice of Juice Choice of Milk	Choice of: 19 French Toast Sticks or Donuts/Assorted Cereals Choice of Juice Choice of Milk
Choice of: 22 Breakfast Sandwich or Mini Donuts Choice of Juice Choice of Milk	Choice of: 23 Pillsbury Pancakes or Cinnamon Roll/Cereal/Donuts Choice of Juice Choice of Milk	No School 24 Parent/Teacher Conferences 8:00-11:30	No School 25 	No School 26 Thanksgiving Break
No School 29 Parent/Teacher Conferences 2:00-4:00 6:00-8:00	Choice of: 30 Pillsbury Pancakes or Cinnamon Roll/Cereal/Donuts Choice of Juice Choice of Milk			



Meal Pattern Requirements

- 1 oz. Grain
- 1 oz. Meat/Meat Alternate if Grain
- .50 cup Fruit or Vegetable
- 8 Fluid ounces Milk

Monday

Popcorn Chicken 1
McCain Tater Tots
Fresh Fruits and Veggies
Choice of Milk

Chicken Patty 8
WG Bun,
Tater tots
Buttered Corn
Mixed Fruit Cocktail
Choice of Milk

Chicken Nuggets 15
WG Dinner Roll
Mashed Potatoes/Gray
Fresh Fruits and Veggies
Choice of Milk

Mustang Cheeseburger 22
French Fries
Fresh Fruits and Veggies
Choice of Milk

No School 29
Parent/Teacher
Conferences
2:00-4:00
6:00-8:00

Tuesday

No School 2


Brunch for Lunch 9
Pancakes, Sausage Patty
Ore Ida Hash Brown
Choice of Juice
Choice of Milk

Berks Hot Dog 16
WG Bun, Tater Tots
Fresh Fruits and
Veggies Selection
Choice of Milk

Creamed Chicken and Biscuit 23
Mashed Potatoes
Diced Peaches, veggie
Choice of Milk

Tyson® Chicken Drumstick 30
Mashed Potatoes and gravy, But-
tery Corn, Roll, Diced Pears, Choice
of Milk
Choice of Juice

Wednesday

State Fair Mini Corn Dog 3
Steamed Broccoli and
Carrots
Fresh Fruit
Choice of Milk

Italian Hoagie Rounder 10
Sun Chips
Fresh Fruits and Veggies
Choice of Milk

Super Pretzel w/Cheese & Tyson Chicken Nuggets 17
Celery Sticks
Apple Sauce
Choice of Milk and Juice

No School 24
Parent/Teacher
Conferences
8:00-11:30


Menu may be subject to
change without notice
due delivery or supply
issue.

Thursday

Macho Nacho Grande 4
Mexican Fiesta Rice
Mixed Fruit
Choice of Milk

No School 11


Thanksgiving Lunch 18
Turkey, Stuffing,
Mashed Potatoes/Roll
Steamed Corn
Choice of Milk and Juice

No School 25


Friday

Big Daddy's Stuffed Crust Pizza 5
Steamed Broccoli
Orange Slices
Choice of Milk

Schwann's Cheesy Pizza 12
Romaine Salad
Fresh Banana
Choice of Milk

Big Daddy's Stuffed Crust Pizza 19
Steamed Broccoli
Orange Slices
Choice of Milk

No School 26
Thanksgiving Break



Monday	Tuesday	Wednesday	Thursday	Friday
Bacon Cheeseburger 1 French Fries Fresh Fruit and Veggies Choice of Milk	No School 2 	BBQ Pulled Pork 3 Mac 'n Cheese WG Roll, Lima Beans Fresh Fruit and Veggies Choice of Milk	Chicken Nuggets 4 Dinner Roll Mashed Potatoes/Gravy Fresh Fruit and Veggie Choice of Milk	Nacho Grande 5 (Meat, Cheese and Salsa) Refried Beans/ Steamed Corn Apple Slices Choice of Milk
Baked Italian Hoagie 8 French Fries, Green Beans Fresh Fruit and Veggies Choice of Milk	Orange Chicken 9 Steamed Rice Steamed Broccoli Fresh Fruit and Veggies Choice of Milk	Chicken and Waffles 10 Golden Corn Fresh Fruit and Veggies Choice of Milk	No School 11 	Nacho Grande 12 (Meat, Cheese and Salsa) Refried Beans/ Steamed Corn Apple Slices Choice of Milk
Spaghetti and Meatballs 15 WG Bun, Romaine Salad Gr. Beans, Apple Slices Choice of Milk Choice of Juice	General Tso's Chicken 16 Steamed Rice, Steamed Broccoli Fresh Fruit and Veggies Choice of Milk	Tyson Chicken Tenders 17 French Fries Fresh Fruit and Veggies Choice of Milk	Thanksgiving Lunch 18 Turkey, Stuffing, Mashed Potatoes/Roll Steamed Corn Choice of Milk and Juice	Nacho Grande 19 (Meat, Cheese and Salsa) Refried Beans/ Steamed Corn Apple Slices Choice of Milk
Berks Double Dogs 22 Tater Tots, Baked Beans Fresh Fruit and Veggies Choice of Milk	Orange Chicken 23 Steamed Rice Steamed Broccoli Fresh Fruit and Veggies Choice of Milk	No School 24 Parent/Teacher Conferences 8:00-11:30	No School 25 	No School 26 Thanksgiving Break
No School 29 Parent/Teacher Conferences 2:00-4:00 6:00-8:00	General Tso's Chicken 30 Steamed Rice, Steamed Broccoli Fresh Fruit and Veggies Choice of Milk	Menu may be subject to change without notice due to delivery or supply issue.		



We are currently hiring substitutes for all positions including: teaching, aides, secretaries, café, custodial, and maintenance departments. Contact Kim Pegg at 724-437-2821 or visit us online at www.lhsd.org.
Laurel Highlands School District is an E.O.E.

Additional Daily Lunch Choices: Sunflower Seed Butter and Jelly, Grilled Cheese, Yo-On-The-Go
 Additional Daily Fruit & Vegetable Choices
 May Include: Apples, Oranges, Pears, Bananas, Applesauce, Peaches, Mixed Fruit, Pineapple, Fruit Jell-O,
 Fruit Juices, Tossed Salad, Coleslaw, Carrots, Celery, Cucumber Slices, Cherry Tomatoes, Cauliflower