

Monday
Tuesday
Wednesday
Thursday
Friday


Choice of: **1**
Pillsbury Pancakes or
Cereal
Apple Slices or Oranges
Choice of Juice
Choice of Milk

Grab and Go Meal **2**
Cereal or Cereal Bar
Fruit or Fruit Juice
Shelf Stable Milk or
Managers choice from one of
the food groups

Choice of: **3**
Breakfast Pizza or
Pop-Tart
Apple Slices or Apple Sauce
Choice of Juice
Choice of Milk

Choice of: **4**
French Toast Sticks or
Donuts/Assorted Cereals
Grapes or Apple Sauce
Choice of Juice
Choice of Milk

Choice of: **7**
Breakfast Sandwich or
Mini Donuts
Grapes or Apple Slices
Choice of Juice
Choice of Milk

Choice of: **8**
Pillsbury Pancakes or
Cereal
Apple Slices or Oranges
Choice of Juice
Choice of Milk

Grab and Go Meal **9**
Cereal or Cereal Bar
Fruit or Fruit Juice
Shelf Stable Milk or
Managers choice from one of
the food groups

Choice of: **10**
Breakfast Pizza or
Pop-Tart
Apple Slices or Apple Sauce
Choice of Juice
Choice of Milk

Choice of: **11**
French Toast Sticks or
Donuts/Assorted Cereals
Grapes or Apple Sauce
Choice of Juice
Choice of Milk

Choice of: **14**
Breakfast Sandwich or
Mini Donuts
Grapes or Apple Slices
Choice of Juice
Choice of Milk

Choice of: **15**
Pillsbury Pancakes or
Cereal
Apple Slices or Oranges
Choice of Juice
Choice of Milk

Grab and Go Meal **16**
Cereal or Cereal Bar
Fruit or Fruit Juice
Shelf Stable Milk or
Managers choice from one of
the food groups

Choice of: **17**
Breakfast Pizza or
Pop-Tart
Apple Slices or Apple Sauce
Choice of Juice
Choice of Milk

Choice of: **18**
French Toast Sticks or
Donuts/Assorted Cereals
Grapes or Apple Sauce
Choice of Juice
Choice of Milk

Choice of: **21**
Breakfast Sandwich or
Mini Donuts
Grapes or Apple Slices
Choice of Juice
Choice of Milk

Choice of: **22**
Pillsbury Pancakes or
Cereal
Apple Slices or Oranges
Choice of Juice
Choice of Milk

No School 23

Holiday Break

No School 24

Holiday Break

No School 25

Holiday Break

No School 28

Holiday Break

No School 29

Holiday Break

No School 30

Holiday Break

No School 31

Holiday Break

Menu may be subject to
change without notice due
delivery or supply issue.

Laurel Highlands School District is an E.O.E.
Substitute Positions under all categories including teacher, aide, school
nurse, secretarial, custodian and cafeteria are available!

***Wednesday's breakfast is given out on Tuesday for the students to
take home for their remote learning day, this is free for students.***



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DECEMBER 2020

Elementary

Elementary Daily Lunch
Meal Minimum Requirements
Meat/Meat Alternate—1 oz. Vegetables—.75 cups
Fruits—.50 cups Grains—1 oz. Milk

Monday

Meal Prices:
Free/student
\$3.50/adult

Tuesday

Tyson Popcorn Chicken

Soft Pretzel with cheese
Fresh Fruit and Veggies
Choice of Milk

Wednesday

Italian Hoagie

WG Chips, Apple Sauce
Fresh Veggies
Choice of Milk
Choice of Juice

Thursday

Macho Nacho Grande

Mexican Fiesta Rice
Buttered Corn
Diced Pears
Choice of Milk

Friday

Stuffed Crust Pizza

Romaine Salad
Fresh Banana
Choice of Milk

Spaghetti and Meatballs

Garlic Breadstick
Green Beans
Fresh Apple
Choice of Milk

Chicken Nuggets

Dinner Roll
Mashed Potatoes/Gravy
Fresh Fruit and Veggie
Choice of Milk

State Fair Mini Corn Dog

Steamed Broccoli
Carrots
Fresh Fruit Choice of Milk

Macho Nacho Grande

Mexican Fiesta Rice
Buttered Corn
Diced Pears
Choice of Milk

Big Daddy Pizza

Romaine Salad
Fresh Banana
Choice of Milk

Grilled Cheese

Campbell's Tomato Soup
Fresh Fruits
Veggies Selection
Choice of Milk

Bacon Cheeseburger /

Oven Fries /Gr. Beans
Apple Slices
Choice of Milk
Choice of Juice

Tyson Chicken Patty

French Fries
Buttered Corn
Mixed Fruit Cocktail
Choice of Milk

Macho Nacho Grande

Mexican Fiesta Rice
Buttered Corn
Diced Pears
Choice of Milk

Stuffed Crust Pizza

Romaine Salad
Fresh Banana
Choice of Milk

Creamed Chicken and Biscuit

Mashed Potatoes
Diced Peaches
Choice of Milk

Pillsbury WG Maple Waffles

Sausage Patty
Ore Ida Hash Brown
Choice of Juice or Milk

No School

Holiday Break

No School

Holiday Break

No School

Holiday Break

No School

Holiday Break

No School

Holiday Break

No School

Holiday Break

No School

Holiday Break

Meal Prices: Free for students due to SFSP

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Don't forget to order your meals at your school cafeteria for remote learning days. See the Cafeteria tab on the district website to find out more information.





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DECEMBER 2020

Secondary

Minimum Daily Meal Requirements:
Meat/Meat Alternate—2 oz.
Vegetables—1 cup Fruit
1 cup Grains—2 oz.

Monday

Meal Prices:
Free/student
\$3.50/adult

Bacon Cheeseburger 7

French Fries
Fresh Fruit and Veggies
Choice of Milk

Toasted Grilled Cheese 14

Tomato Soup, Sun Chips
Fresh Fruit and Veggies,
Choice of Milk

Berks Double Dogs 21

Tater Tots, Baked Beans
Fresh Fruit and Veggies
Choice of Milk

No School 28

Holiday Break

Tuesday

Orange Chicken 1

Steamed Rice,
Steamed Broccoli
Fresh Fruit and Veggies,
Choice of Milk

General Tso's Chicken 8

Steamed Rice,
Steamed Broccoli
Fresh Fruit and Veggies
Choice of Milk

Orange Chicken 15

Steamed Rice,
Steamed Broccoli
Fresh Fruit and Veggies,
Choice of Milk

General Tso's Chicken 22

Steamed Rice,
Steamed Broccoli
Fresh Fruit and Veggies
Choice of Milk

No School 29

Holiday Break

Wednesday

Super Pretzel w/Cheese 2

& Tyson Chicken Nuggets
Celery Sticks
Apple Sauce
Choice of Milk and Juice

Mustang Club Sandwich 9

Homemade Potato Soup
Sun Chips
Fresh Fruit and Veggies
Choice of Milk

Chicken Salad 16

French Fries
Fresh Fruit
Choice of Milk

No School 23

Holiday Break

No School 30

Holiday Break

Thursday

Jumbo Soft Taco 3

(Meat, Cheese, Rice, Toppings)
Fresh Fruit
Fresh Veggies
Choice of Milk and Juice

BBQ Pulled Pork 10

Mac 'N Cheese
WG Roll, Lima Beans
Fresh Fruit and Veggies
Choice of Milk

Chicken and Waffles 17

Golden Corn
Fresh Fruit and Veggies
Choice of Milk

No School 24

Holiday Break

No School 31

Holiday Break

Friday

Nacho Grande 4

(Meat, Cheese and Salsa)
Refried Beans/ Steamed Corn
Apple Slices,
Choice of Milk

Nacho Grande 11

(Meat, Cheese and Salsa)
Refried Beans/ Steamed Corn
Apple Slices,
Choice of Milk

Nacho Grande 18

(Meat, Cheese and Salsa)
Refried Beans/ Steamed Corn
Apple Slices,
Choice of Milk

No School 25

Holiday Break



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